

*“If you can imagine it, you can achieve it. If you can dream it, you can become it.”  
(William Arthur Ward)*

Originally, I come from Scotland, but for over 30 years I have lived in Switzerland, which has since become my home.

From the various courses which I have completed, I have gradually filled my hypnosis tool-box with more and more amazing tools. My goal as hypnotherapist is to provide the tool according to the needs of my client so that my clients can fix themselves.

I'd be delighted to guide you and support you through the wonderful experience of self-healing with the help of hypnosis, and look forward to hearing from you.

Education in alternative therapies:

- ChiroTrance Hypnosis – Uwe Sujata, Lebens-Energie, Switzerland
- Hypnokids® – Barbara Scholl, Hypnosecenter, Switzerland
- Soul & Parts Therapist – Mike Schwarz, Hypnosetherapie.Pro, Training Center, Switzerland
- Confidence in Hypnosis Masterclass – Nicole Wackernagel, Swiss Hypnosis Institute, Switzerland
- OMNI-Hypnotherapist OHTC | NGH | IBHEC | SBVH – Hansruedi Wipf, Switzerland
- OldPain2Go® Practitioner course – Steven Blake, England (see [here](#) for further details)
- Kinetic Shift Practitioner course – Karl Smith, UK Hypnosis Academy, England
- Hypnotherapy Turned Inside Out – Ali Campbell Training, Scotland
- NLP Turned Inside Out – Ali Campbell Training, Scotland
- Aqua Relax Coach – Migros Klubschule, Switzerland
- Relaxation Coach – Migros Klubschule, Switzerland

Areas of specialization in hypnotherapy:

- HypnoKids®: Specialist in hypnosis for children

**My Praxis in [8555 Müllheim-Grüneck](#)** (photos on next page)

There are several guest parking spaces directly in front of the building. Otherwise, the practice is just a 5-minute walk from the next bus stop. I am also happy to offer online sessions, if preferred.

**Contact me or book your appointment now.**

Note: Serious hypnotists do not make healing promises or diagnose diseases. As a hypnotherapist, I use my methods and knowledge to activate the client's powers of self-recognition and self-healing. I expressly point out that my therapy methods are not and cannot replace a visit to the doctor or his diagnostic activity or treatment. This also applies to taking or discontinuing medication or therapies prescribed and recommended by your doctor. In case of doubt ask your doctor.

